

# PWR LAB

POWER. WELLNESS. RECOVERY.

BY

New Jersey Sports  
CHIROPRACTIC P.C.



## STANDARD

Foundational care & performance tracking

In-Body 580  
ForceDecks Assessment  
HumanTrak Assessment  
Initial Assessment  
Self Guided Sessions (8)  
Re-Assessment  
Cold Plunge (1)  
Infrared Sauna (1)  
Normatec (1)  
PEMF (1)



\$199/mo



## ADVANCED

Deeper recovery with tech-powered tools

Initial & Final In-Body 580  
ForceDecks Assessment  
HumanTrak Assessment  
Initial Assessment  
Self Guided Sessions (8)  
Re-Assessment  
Cold Plunge (3)  
Infrared Sauna (3)  
Normatec (3)  
PEMF (3)



\$349/mo



## PRO

Foundational care & performance tracking

Initial & Final In-Body 580  
ForceDecks Assessment  
HumanTrak Assessment  
Access to our Facility  
Initial Assessment  
Self Guided Sessions (8/8)  
Re-Assessment (1/1)  
Cold Plunge (5)  
Infrared Sauna (5)  
Normatec (5)  
PEMF (5)



\$549/mo

**Transform your body through science and movement. Led by Doctors of Physical Therapy, our all-in-one program combines expert rehab, fitness coaching, and cutting-edge tech to help you burn fat, build strength, move pain-free, optimize performance, and track real progress. From recovery to peak performance — this is where health meets results.**



732 - 617 - 8000



[www.newjerseysportschiropractic.com](http://www.newjerseysportschiropractic.com)



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# WELLNESS MODALITIES

REHAB

RECOVER

REINFORCE

REPEAT

# RECOVERY

CRYO

OXYGENATED COLD PLUNGE

Reduce inflammation, boost circulation, and accelerate recovery with cold therapy enhanced by oxygen infusion for deeper tissue impact and faster bounce-back.

THERMO

INFRARED SAUNA

Detox and relax while promoting circulation, reducing joint pain, and supporting fat metabolism — all through deep-penetrating infrared heat.

COMPRESS

NORMATEC

Dynamic air compression helps flush out soreness, improve circulation, and speed muscle recovery — ideal post-workout or after long days.

ASSESS

FORCEDEK & HUMAN TRAK

Advanced motion and force analysis identifies imbalances and movement faults to optimize performance, prevent injury, and guide precise treatment.

TRACK

INBODY 580

A full-body scan measuring fat, muscle, and water balance to track real results and fine-tune your fitness or recovery plan.

OVERRIDE

PULSED ELECTROMAGNETIC  
FREQUENCY

Stimulate cellular repair, reduce pain, and enhance recovery with targeted, non-invasive electromagnetic therapy.